

# SEVEN HILLS SURGERY CENTER

## Post-Op Instructions

### Eye Drops:

1. Further instructions will be given to you during your post-op appointment today after your surgery. Upon returning home after surgery, start eye drops as directed.
2. Artificial tears as needed for dry itchy eyes.
3. When taking drops, space them five minutes apart.

### You will experience:

- Your vision will be blurry, hazy and cloudy.
- Your vision may get a little worse as the day goes on.
- Your eye will tear frequently.
- Your eye will feel scratchy and sore.
- There will be mild swelling and inflammation.
- Each eye is unique and it's common for each eye to feel differently after surgery.
- These symptoms will improve by next week.

### DO:

- Wear your shield at bedtime for 3 nights.

### You May:

- Allow clean water on your face while bathing or showering.
- Resume normal daily activities tomorrow.

### DON'T:

- Rub your eye.
- Poke yourself in the eye.
- Swim or hot-tub for two weeks
- Wear any eye make-up for 1 week

### Contact 911 or Palmer Eye Center promptly with the following symptoms

- Significant and progressive reduction in vision.
- Increasing and severe pain.
- Progressive swelling and redness in the skin around the eye.

**Palmer Eye Center is on call for you at (850) 877-7337 option 5**